



# Eagle Heights Public School

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Phone: (519) 452-8460 website: [www.tvdsb.ca/eagleheights](http://www.tvdsb.ca/eagleheights)



Dear Eagle Heights Families,

The school year is off to a very successful start and we would like to thank the amazing Eagle Heights Staff for providing a smooth and successful start for all of our students. There is a lot of great learning going on in all classrooms as we move into the second month of the school year. Numeracy and Literacy will be a major focus for this year, and our School Improvement Plan will be reflective of that. We will be continuing to work on specifics for our school goal during our October PA Day.

I would like to thank parents/guardians for joining us for Meet the Staff Night and supporting the Meet the Staff Barbecue. A huge thank you to the Eagle Heights Home and School Association for all of the hard work and organization it takes to run such a successful event. Your work and dedication to our school is greatly appreciated.

As the weather starts to change, please ensure that your child is dressed appropriately for the weather. Unless it is down pouring rain, we will be heading outside for fresh air as the benefits of fresh air far exceed staying inside. Please support your child with choosing appropriate outdoor wear for the day's weather.

Our crosswalk in front of the school has sometimes been very unsafe as parents and children are darting out into traffic prior to reaching the cross walk. Please always make your way to the crosswalk area and cross with the crossing guard. As a parent, you need to set an example for your children and crossing Oxford Street can be very unsafe if you are not crossing at the cross walk area. Thanks for your support in this area.

## Photo Day

Photo Days will be occurring on Thursday, October 10<sup>th</sup> and Friday, October 11<sup>th</sup>. Please note that any students who are in Kindergarten through our Grade 3 classes will have their photos taken on Thursday and any students who are in the Grade 4 classes and up will have their photos taken on Friday, October 12<sup>th</sup>. We are working with a new photo company this year which is Edge Imaging. We hope that you received the flyer with information.

## Staffing

We would like to officially welcome Ms. Goudge to our school office team as a permanent member of our staff. Ms. Goudge was filling a leave and has now secured the position permanently. We would also like to welcome Mr. Mamudovski who is covering Mrs. Boersma's maternity leave and Ms. Jennings (our new Kindergarten teacher) to our Eagle Heights staff.

## School Council

On Monday, September 23, we held our first School Council meeting. We still need more school council members. If you would like to be a part of school council, please notify administration by filling out and returning the form or come out to our next school council meeting on Tuesday, October 22 @ 6 p.m.

## Student Safety

Students are welcome onto school property starting at 8:55 when staff supervision is provided. Students participating in sport practices are welcome at earlier times, because they are supervised. **For the safety of our students, please ensure our students arrive no earlier than 8:55 am.**

**8:55 to 9:10**  
**Staff Supervision**  
**Provided**

## PA Day

October 25<sup>th</sup> is a PA Day which means your child will have the day off. The staff will continue to focus in our school improvement plan and our focus will be on continuing to develop our math and literacy learning so that we can support the math and literacy learning of our students.

## SCHOOL EVENTS



### *Terry Fox Run*

On Thursday, September 20<sup>th</sup>, students and staff at Eagle Heights participated in the **Terry Fox Run**. Our school raised \$633.00. This money will be donated to the Terry Fox Foundation for the purpose of cancer research. We thank you very much for donating to such an important cause. A special thanks to Mrs. Paterson and Mrs. Maar for organizing this year's event.



### *Scholastic Book Fair*

Thank you to everyone for your support of the Scholastic Book Fair. We had a very successful turnout and raised a profit of \$2365. which will in turn be spent on books and resources for our Library-Learning Commons. Thanks to Mrs. Duckstein and Mrs. Paterson for their organization of such a great event.

### **Extra-Curricular Events**

Our school soccer team played in a one day tournament and had a successful day. Thanks to Mrs. Maar and Mr. Chams for their leadership with this years' soccer team.

Our Cross Country team has had a very successful season. The team will participate in the regional meet at Gibbons Park on October 8th. We are very proud of everyone for participating and doing their best. Thanks to all of our cross country coaches for offering their time and training to our students.

Our Eagle Heights Choir for students in Grade 2 – 4 is underway. Thanks to Mrs. McLeary for her leadership with the choir. We look forward to hearing them sing at events in the coming year.

Volleyball is just beginning for our intermediate students and their season will soon be underway. We would like to thank their coaches for providing the boys and girls teams with the opportunity to participate in volleyball.

### **Parking**

Please remember that parking is not available in the school parking lot during bus drop offs in the morning and during bus loading at the end of the day. Also a reminder that the upper parking lot on the east side of the building is reserved for staff parking only. Parking is available at the mall across the street. We greatly appreciate your support in keeping all of our students safe.

**All visitors  
please  
sign in**

Just a reminder, always start your visit at Eagle Heights by signing in at the school office and obtaining a visitor badge. Our goal is to always ensure student safety and to minimize traffic in the halls so that the focus always remains on learning. We appreciate everyone's help with this!

We would like to wish everyone a wonderful fall and hope that you have a wonderful thanksgiving weekend with family and friends!

Sincerely,

Mr. K. Overeem, Principal

Mr. M. Waters, Vice-Principal

Mrs. A. Santos, Vice Principal

**HEALTHY TIPS FOR HEALTHY KIDS!**

Tip #3 - Take a Breath of Fresh Air!

Help children learn how to keep calm and reset when dealing with stressful situations:

- Get outdoors and enjoy nature
- Promote movement-run, dance, play
- Try reading, colouring or listening to music
- Cook and eat as a family
- Practice slow deep breathing together
- Get to bed early and at the same time each night!

Relaxation is important for the mind and body!

Middlesex-London SCHOOL HEALTH

ML BUREAU DE SANTÉ DE  
HEALTH UNIT  
www.healthunit.com

# Home Connections in Mathematics



October 2019

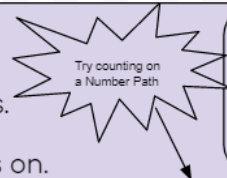
## Counting Activities To Try At Home

“Our go-to advice for parents who ask about how to support their young mathematicians is to have children “count everything!” (Gibbons and Lomax 2015).

Counting activities can be a powerful way to help your child understand the operations (+-x÷) and our number system. Counting forward will help children with addition and multiplication, while counting backward will help with subtraction and division. You could even try counting in fractions, decimals, or negative integers at home, this will help your child gain a deeper understanding of the new types of numbers that they will see in grades 4-8.

### Kindergarten

- Count small collections of things with your child.
- Count dots on dice, dominoes, and playing cards.
- Read counting picture books together.
- Pick a number of the week in your house to focus on.
- Don't forget to also count BACKWARDS! This helps support subtraction.

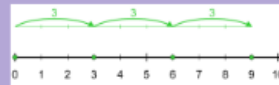


Make a **Rekenrek** at home to see groups of 5 and make counting 10's easy!



### Primary (Gr.1,2,3)

- Start grouping sets of things (early multiplication): egg cartons (12's) and calendar(7's).
- Try skip counting (counting by numbers other than 1 e.g., 0, 3, 6, 9, etc.).
- Next try skip counting from different start numbers (e.g., 63, 65, 67, etc.).
- Use number lines.



### Junior (Gr.4,5,6)

- Look for items that come in 2's, 3's, 4's, etc. (e.g., there are 15 cars in the parking lot, count in 4's to see how many tires).
- Count in fractions (e.g.,  $\frac{1}{4}$  hours on a clock, chocolate bars, pizza, etc.).
- Count money and if possible use cash to purchase items, our usage of cards makes money an imaginary concept in today's world.
- Link %, fractions and decimals together: 50%,  $\frac{1}{2}$ , 0.5.
- Go old school and play card games like cribbage and UNO.



### Intermediate (Gr.7,8)

- Count money, time, decimals, fractions, percentages.
- Go to <http://www.visualpatterns.org/> and count to find the next term in the pattern.
- Play boardgames like: Prime Climb and TENZIE.
- Use contexts like golf, debt, sea level, and temperature to count into negative integers.



Go to <https://mathbeforebed.com/> for more counting ideas to try at home.

Go to <https://mathies.ca/> for virtual math tools (e.g., number lines) to help your child visualize the count.

Google Search: [Newark City math games with dice](#) and [Newark City math games with cards](#).